



PARENTING WITH LOVE AND LIMITS®

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A Plan Designed to Help You Reestablish Authority & Reclaim Love with Your Child

Specific Skills to Address These Behaviors:

- ➔ **Button pushing & being disrespectful**
- ➔ **Defying adult requests/rules, missing curfew**
- ➔ **Threats & acts of aggression**
- ➔ **Ditching school/truancy/failing grades**
- ➔ **Suicidal threats or self harm**
- ➔ **Plus, learn how to regain lost closeness or nurturance**

PLL is an intensive, outpatient family program lasting 6-8 weeks for youth age 10-18 and their families. The program incorporates brief structural/strategic family therapy, group therapy, skill development, family therapy and the option of in-home family coaching. The program is aimed at addressing behaviors that frequently result in out of home placements, and improving parent-child relationships.

For More information call Meghan Magone 907-762-2814 or
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